

## Operating a forklift

### Safety Tip 1: How to prevent a forklift from tipping over



If the forklift begins to tip over:

- Stay in the seat - do not attempt to jump clear.
- Hold on tightly to the steering wheel and brace yourself against the seat.
- Keep your body inside the frame of the machine and lean in the opposite direction of the overturn.



Most serious injuries and fatalities occur when the operator tries to jump clear. To prevent injuries, **ALWAYS** use the seatbelt if one is provided.