



Instructor Guide

Safety on the Job

Topic Overview (why the topic is important to the students)

Young workers are at a much higher risk of injury than workers of any other age group. More than half of workplace accidents involving workers aged 15 to 24 occur during the first six months on the job. And almost 20 percent occur during the first month on the job.

- Each day in B.C., 41 young workers are hurt on the job.
- Every week, five of these workers are permanently injured.
- In 2006, nine young workers were killed in work-related accidents.

Demonstration and Discussion Topics

- **Discuss** the importance of workplace safety in general, staying alert on the job, and not indulging in horseplay.
- **Distribute** the student handout.
- **Review** and discuss page 1 of the student handout.
- **Discuss** how easily accidents can occur in the kitchen.
- **Emphasize** that unsafe behaviour, such as horseplay, can put others in the workplace at risk and will not be tolerated.
- **Inform** students that they are required to wear appropriate steel-toed footwear.
- **Discuss** the attitude that “it won’t happen to me”. Remind them that an injury can and will happen if they take shortcuts or are careless.
- **Review** and discuss page 2 of the student handout.
- **Tour the kitchen** with the students, pointing out emergency equipment such as fire extinguishers, eyewash station etc.
- **Instruct** the students to identify and report any safety concerns at any time.
- **Answer** any questions or concerns they might have.
- **Set a good example** by working safely at all times.

Resources

- Heads Up
<http://www.bced.gov.bc.ca/irp/resdocs/headsup.pdf>
- Be a Survivor
http://www.worksafebc.com/publications/health_and_safety/by_topic/assets/pdf/be_survivor.pdf