

### Student Handout

#### Personal Protective Equipment (PPE)

Personal protective equipment (PPE) includes safety headgear, eye and face protection, hearing protection, work gloves, specialty gloves, chemical- and flame-resistant covers (coveralls, aprons), and safety footwear. You are responsible for providing your own work gloves and CSA-approved footwear and headgear if any of these are required.

#### Examples of Hazards

- hair treatment chemicals
- cleaning solutions

#### Safety tips

- Make sure you get training on using PPE and know what PPE to use for which tasks.
- Inspect PPE before use, for examples, check gloves for holes or cracks.
- Use PPE as instructed; for example, don't "snap" your gloves off as it can spray latex-laden dust into the air.
- Let your employer or instructor know if your gloves, apron or goggles need replacement.
- Ensure that PPE is cleaned, maintained and stored correctly.
- Contact lenses are not PPE, and should not be worn by nail specialists, as they make the eyes difficult to clean in the event of an accident.

