



## 6-minute safety talk for hair stylists

### Instructor Guide

#### Scalds and Burns

##### Topic Overview (why the topic is important to the students)

Scalds and burns are not uncommon in hair salons. Although most of these injuries are minor, they can be extremely painful, can take a long time to heal, and can leave scars if not taken care of properly.

##### Demonstration and Discussion Topics

- **Discuss** scald and burn hazards in the shop, including hot equipment (curling irons, hair dryers) and hot water.
- **Tour the shop** with the students, pointing out these hazards.
- **Distribute** the student handout.
- **Review** the safety tips.
- **Discuss** how scalds and burns can occur, and that scalds (hot water burns) are as bad as fire burns.
- **Emphasize** the need to be alert (not groggy or sleepy) at all times in the shop.
- **Explain** what can be done in the workplace to minimize the risk of scalds and burns (e.g., water temperature control).
- **Emphasize** that good housekeeping is mandatory to prevent slips against hot curling irons. Make sure all students are trained in how to keep their work areas clean.
- **Make it Real:** Tell at least two stories of injuries from your experience, or use the following examples:
  - A young worker in a Lower Mainland hair salon was using a curling iron. She dropped it and, to prevent it hitting the floor, grabbed it midair. She suffered 2<sup>nd</sup> degree burns to her hand.
  - A hair stylist ran water over his hand to test the temperature before washing a client's hair. The water was very hot and he suffered a scald burn to his hand.