

OFA Level 1 Course Outline

Module 1

Each participant will be able to demonstrate the Priority Action Approach (to the end of the primary survey) for responsive and unresponsive patients. The procedures will follow the guidelines described in the Occupational First Aid Level 1 Training Guide.

Learning Tasks:

Role and Responsibilities of the Occupational First Aid Attendant

Priority Action Approach

Scene Assessment

1. scene assessment
2. hazard considerations
3. mechanism of injury
4. number of victims

Primary Survey

1. the purpose of the primary survey
2. the components of the primary survey
3. critical interventions

Transport decision

1. information required by ambulance dispatch

ABC reassessments

Conduct a priority action approach

1. a responsive patient
2. an unresponsive patient

Rolling a patient

1. prone to supine roll
2. supine to $\frac{3}{4}$ prone roll

Module 2

Each participant will identify and perform appropriate interventions for minor soft tissue injuries, including the need for medical referral, providing follow-up care and be able to accurately complete the required First Aid Record. This will include specific management of lacerations, eye injuries, burns and workplace poisoning. The procedures will follow the guidelines described in the Occupational First Aid Level 1 Training Guide.

Learning Tasks:

Priority Action Approach for the walking patient

1. modified Primary Survey

Wound assessment and treatment

1. examining wounds
2. cleansing wounds
3. dressing and bandaging
4. patient handout sheets

Completion of the First Aid Record

Providing follow-up care

Decisions on referral to medical aid

1. wounds that must be referred to medical aid
2. patients who must be transported by ambulance

Back strains

Burns

1. degrees of burns
2. thermal burn management
3. chemical burn management

Eye injuries

1. penetrating/protruding objects
2. chemical burns to the eye

3. eye exam
4. removal of a loose foreign body

Material Safety Data Sheets (MSDS)

Module 3

Each participant will identify and manage respiratory and circulatory critical interventions for responsive and unresponsive patients. The procedures will follow the guidelines described in the Occupational First Aid Level 1 Training Guide.

Learning Tasks:

The respiratory and circulatory system

Airway obstruction management

1. a responsive patient with a partial (mild and severe) airway obstruction
2. a responsive patient with a complete (severe) airway obstruction
3. an unresponsive patient with a complete (severe) airway obstruction

AEDs and CPR

Respiratory/cardiac arrest management

Module 4

Each participant will identify and manage bleeding critical interventions. Each participant will describe how to identify and manage various medical emergencies. The procedures will follow the guidelines described in the Occupational First Aid Level 1 Training Guide.

Learning Tasks:

Shock

1. identification
2. management

Position a patient from sitting to supine

Bleeding emergency management

Identification and management of medical conditions

1. asthma
2. anaphylactic shock
3. chest pain
4. stroke
5. diabetes
6. seizures
7. fainting

Module 5

Completion of the written examination