

# Patient Handling Workshop

**WorkSafeBC and  
Shoppers Home Health Care**



# Why should I participate?

- Because I have to
- To prevent injury
- To learn how to use the equipment effectively
- To make my job easier
- To have fun



# Fundamentals

- The power position
- Work close to your body
- Move your feet



# “LITE” Risk Assessment Tool

- Load
- Individual
- Task
- Environment



# Feedback

- Is a gift
  - Your co-worker is concerned about you and does not want to see you injured
- Giving feedback today
  - What went well
  - What could they do differently the next time



# Feedback



# Stations

1. Ceiling lift (bed to chair)
2. Ceiling lift (repositioning sling)
3. Transfer Assistance devices (slider sheets)
4. Floor lift/Sit-to-stand lift
5. WorkSafeBC resources and refreshments

