

HAZARD ALERT

Use extreme caution when moving heavy objects

Two people were injured, one seriously, while moving a heavy hot tub. A store manager and a truck driver were attempting to manually move the almost 700-lb. (318 kg) hot tub off the back of a truck. They lost control of the heavy tub and it knocked the store manager to the ground. The truck driver attempted to slow the falling tub but was struck on the head and hands before being knocked to the ground himself. The falling tub then bounced off the back edge of the truck deck, striking the store manager in the middle of his back as he lay on the ground. The store manager suffered serious spinal injuries.

Prevention alert:

- Provide written work procedures for manual lifting and moving of heavy materials. These work procedures should include training and the safe use of mechanical aids.
- Direct and instruct workers in the safe performance of their duties.
- Do not attempt to manually lift heavy objects – use mechanical aids to assist you.

