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**Lesson At A Glance**

<b>Length</b>	45 - 60 minutes
<b>Learning Objectives</b>	Students will: <ul style="list-style-type: none"><li>• describe basic emergency procedures in the home and at school</li><li>• identify basic first aid skills</li></ul>
<b>Teaching Strategies</b>	<ul style="list-style-type: none"><li>• cooperative groups (of 2)</li><li>• class discussions</li><li>• questioning</li></ul>
<b>Equipment/Instructional Aids</b>	<ul style="list-style-type: none"><li>• flipchart/whiteboard</li><li>• Student Handouts (photocopy for class)</li></ul>
<b>Assessment Strategy</b>	<ul style="list-style-type: none"><li>• brainstorming activity (scenarios)</li><li>• presentation</li></ul>

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## **Purpose**

This module is designed to introduce students to basic emergency procedures and first aid skills.

## **Learning Objectives**

Students will be able to:

- describe basic emergency procedures in the home and at school
- identify basic first aid skills

## **Duration**

**45 - 60 minutes**

## **Instructional Materials**

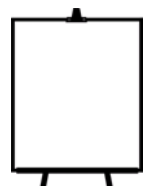
### **Student Handouts**

(photocopy for students in class)

1. Emergency Procedures
2. Basic First Aid
3. Emergency Scenarios
4. Look Alike Poisons

### **Equipment**

1. White board or flipchart
2. Markers



## Note to Teacher

This module deals with basic emergency and first aid procedures. For more information, visit the St. John Ambulance's website at [www.sja.ca](http://www.sja.ca)



St. John Ambulance  
website: [www.sja.ca](http://www.sja.ca)

## Introduction

### Ask

Would you know what to do if there was a fire at home or at school?

### Comment

It's important to know what to do in case of an emergency at home or at school. Being prepared for an emergency situation can make a big difference to the safety of yourself and others.

### Ask

Do any of you know where the nearest fire alarm is?



**State** the location of the nearest fire alarm to your classroom location.

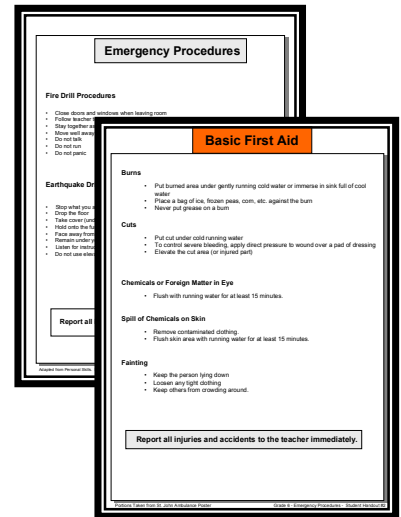
**Review** the school's fire drill procedures with the class.

**Introduction - continued**

**Distribute** Student Handout #1 - Emergency Procedures and Student Handout #2 - Basic First Aid to students.

**Review** both Student Handouts with class.

**Ask** if any of the students have been involved in a fire or any other emergency. Have students share their experiences with the class or share one of your own experiences with the class.



**Learning Activity**

**Comment**

We are now going to practice responding to an emergency situation involving an injury. This situation could happen at home, in school or in the community.

**Divide** students into pairs.

Learning Activity - continued

**Distribute** Student Handout #3 to each pair.

**Explain** to students that they need to brainstorm and describe 2 emergency scenarios where an injury has occurred. The scenario could occur at school, in the home or community.

For each emergency scenario, ask students to describe the emergency situation details and the injury that has occurred. Students will also record the action they would take in the emergency situation, including the basic first aid required for the situation. Use Student Handouts 1 and 2 for reference.

**Ask** one of the students in each pair to present one of their scenarios and the response to the scenario to the class.

Name: _____ Date: _____	
<b>Emergency Scenarios</b>	
Describe 2 emergency scenarios and the actions you would take in response to the scenario.	
<small>Scenario:</small>	
<small>Scenario:</small> While you are watching TV, you hear your little sister crying. You go to her in the kitchen and discover that her finger is bleeding heavily.	<small>Response:</small> *get some gauze, pad of dressing or tissue for cut *apply direct pressure to the cut or wound *elevate (hold) the injured part up *call an adult for help
1. Scenario:	Response:
2. Scenario:	Response:
<small>Copyright © Emergency Procedures, Student Handout #3</small>	

## Learning Activity

### Comment

There are many poisons in your home and at school that you need to be careful of. Did you know that every hour in B.C., at least one child is poisoned.

Many poisonings occur while the products are being used - not while they are stored.

### Ask

What do you think are some of the most common poisons to children?

**Elicit** responses from students.

**Record** responses on board or flipchart.

Responses can include:

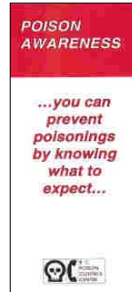
- cough/cold medicines
- vitamins
- fluoride
- antibiotics
- cleaners
- plants



**Learning Activity**

**Comment**

For Poison Emergencies, call:  
 BC Poison Control Centre  
 Lower Mainland 682-5050  
 Outside Lower Mainland  
 1-800-567-8911



Note to teachers:

Poison Awareness pamphlets can be orders from BC Drug and Poison Information Centre by faxing (250)952-4442.

**Comment**

There are many look alike poisons in your home and at school that you need to be careful of.

**Distribute Student Handout #4 - Look Alike Poisons.**

**Review list with class.**

Look-Alike Poisons	
Safe	Unsafe
Lemon candies	• Halls cough drops
Sweet Tarts	• Tums (coloured)
Candies	• Baby aspirin • Cherry Berry toilet bowl deodorant
Hershey Bar	• Ex-Lax
Apple juice	• Murphy's Oil Soap
Juice, drinks	• Mouthwash (red) • Red Oil Furniture Polish • Prescription cough syrup • Anti-freeze • Liquid Tylenol
Kool-Aid	• Mouthwash (blue) • Windshield washer fluid • Glass Cleaner
Kool-Aid	• Mouthwash (green)
Powdered milk	• White laundry detergent
Oatmeal	• Rat poison
Water	• Ammonia