

Lesson At A Glance

Length	1 hour
Learning Objectives	<p>Students will:</p> <ul style="list-style-type: none"> • explain appropriate procedures for responding to personal, school and community emergencies • demonstrate basic first aid skills
Teaching Strategies	<ul style="list-style-type: none"> • in-class discussion • personal reflection • critical thinking • questioning
Equipment/Instructional Aids	<ul style="list-style-type: none"> • flipchart/whiteboard • Student Handouts (photocopy for class) • St. John Ambulance poster (optional)
Assessment Strategy	<ul style="list-style-type: none"> • brainstorming activity (scenarios) • presentation • case studies

Lesson Breakdown

10 min.	Introductory Activity - Emergency Procedures
25 min.	Learning Activity - Emergency Response Exercise
25 min.	Learning Activity - Emergency Scenarios

Purpose

This module is designed to reinforce student's knowledge of appropriate emergency procedures and basic first aid procedures.

Learning Objectives

Students will be able to:

- explain appropriate procedures for responding to personal, school and community emergencies
- demonstrate basic first aid skills

Duration

1 hour

Instructional Materials

Poster

(optional)

1. St. John Poster (downloadable from www.sja.ca)

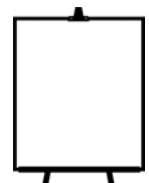
Student Handouts

(photocopy for students)

1. Emergency Procedures
2. Emergency Response Plan
3. Basic First Aid
4. Emergency Scenarios
5. Emergency Scenarios Worksheet
6. Look Alike Poisons

Equipment

1. White board or flipchart and paper
2. Markers



Note to Teacher

This module deals with basic emergency and first aid procedures. For more extensive information on First Aid Procedures, visit the St. John Ambulance's website at www.sja.ca



**St. John Ambulance
website: www.sja.ca**

Introduction - 10 min.

Ask

Would you know what to do if there was an emergency such as a fire, earthquake or chemical spill at home or school?

Comment

Emergency procedures need to be in place and need to be followed. Being prepared and knowing what to do in an emergency can make a difference in the safety of yourself and others.

Distribute Student Handout #1 -
Emergency Procedures.

Review the procedures with the class.

Emergency Procedures	
Fire	<ul style="list-style-type: none">Identify the source and type of fireConsider the various methods available to smother the flames: baking soda, salt, lid, fire extinguisher, fire blanketDo not use water on electrical firesNearest fire alarm location: _____
Fire Drill Procedures	<ul style="list-style-type: none">Class stops and announces when leaving roomFollow teacher to outside where attendance will be checkedStay together as a classMove in well away from the buildingDo not talkDo not runDo not panic
Earthquake Drill Procedures	<ul style="list-style-type: none">Stop what you are doingDrop the floorTake cover under a desk, table or other objectHold onto the furniture legsFence away from windows or glassRemain under your cover until the shaking stopsListen for instructions from your teacherDo not use elevators to leave building
First Aid	<ul style="list-style-type: none">Nearest first aid kit location: _____
Report all injuries and accidents to the teacher immediately.	

Ask

Ask students to identify where the nearest fire alarm and first aid box is located in your school. Have students record these locations on their handout.



Learning Activity - 25 min.

Ask

Have any of you had to respond to an emergency situation at home?

Random Response

Have a student share an emergency situation with class or share an emergency story of your own to the class.

Distribute Student Handout #2 (Emergency Response Exercise).

Emergency Response Plan
<p>An emergency plan for your home should include the following:</p> <ul style="list-style-type: none">• Written Emergency Response Plan (include the following)<ul style="list-style-type: none">• procedures for fire, earthquake and other emergency situations• a list of emergency supplies that should be on hand (e.g. radio with extra batteries)• the location of where emergency supplies are stored• emergency contact phone numbers• Emergency preparedness measures<ul style="list-style-type: none">• test precautionary measures (e.g. check fire extinguisher yearly to ensure it is in working order)

Learning Activity - continued

Explain

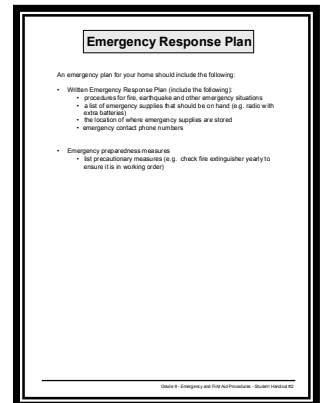
In this exercise, you will develop an emergency response plan for your home using the handout as a guideline.

Include the following in your emergency response plan:

- Written Emergency Response Plan (include the following):
 - procedures for fire, earthquake and other emergency situations
 - a list of emergency supplies that should be on hand (e.g. radio with extra batteries)
 - the location of where emergency supplies are stored
 - emergency contact phone numbers
- Emergency preparedness measures
 - list precautionary measures (e.g. check fire extinguisher yearly to ensure it is in working order)

Note: If more time is required for this exercise, have students finish exercise as homework.

Ask students to share their plans with class.



Basic First Aid Learning Activity - 25 min.

Ask

Do you have a first aid kit at home? Do you know where it is? Are you aware of what is in the first aid kit?

Random Responses

- bandages
- gauze
- scissors
- gloves
- antiseptic



Ask

How many of you have taken first aid?

Ask those students who have taken first aid to describe one basic first aid procedure to the class (how to control bleeding, what to do if someone is choking, etc.)

Optional: Distribute St. John Ambulance poster (downloaded from www.sja.ca) to students.



Downloadable poster at www.sja.ca

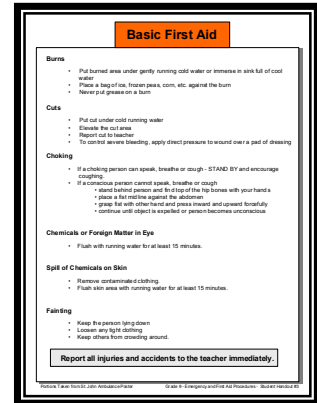
Review poster with class.

Basic First Aid - continued

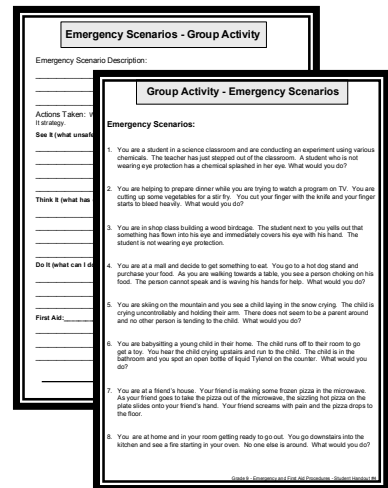
Distribute Student Handout #3 - Basic First Aid to students.

Review basic first aid procedures with class. Ask if any of the students have had to perform first aid on an injured person.

Divide students into groups of 4.



Distribute Student Handout #4 and 5. Assign one emergency scenario to each group to work on. Have each group read the emergency scenario and complete the worksheet (handout #5). Refer Student Handout #3 as a reference for first aid procedures.



Ask each group to present their responses to the class.

Conclusion - 5 min.

Ask

Would you know what to do in the case of a poisoning?

Comment

For Poison Emergencies, call:

BC Poison Control Centre
Lower Mainland 682-5050

Outside Lower Mainland
1-800-567-8911



Poison Awareness pamphlets can be ordered from BC Drug & Poison Information Centre by faxing (250)952-4442.

Distribute Student Handout #6 - Look-A-Like Poisons.

Ask students to review list of look-alike poisons for homework.



Look-Alike Poisons	
Safe	Unsafe
Lemon candies	• Halls cough drops
Sweet Tarts	• Tums (coloured)
Candies	• Baby aspirin • Cherry Berry toilet bowl deodorant
Hershey Bar	• Ex-Lax
Apple juice	• Murphy's Oil Soap
Juice, drinks	• Mouthwash (red) • Red Oil Furniture Polish • Prescription cough syrup • Anti-freeze • Liquid Tylenol
Kool-Aid	• Mouthwash (blue) • Windshield washer fluid • Glass cleaner
Kool-Aid	• Mouthwash (green)
Powdered milk	• White laundry detergent
Oatmeal	• Rat poison
Water	• Ammonia