

Emergency Procedures

Fire

- Identify the source and type of fire
- Consider the various methods available to smother the flames: baking soda, salt, lid, fire extinguisher, fire blanket
- Do not use water on electrical fires!
- Nearest fire alarm location: _____

Fire Drill Procedures

- Close doors and windows when leaving room
- Follow teacher to outside where attendance will be checked
- Stay together as a class
- Move well away from the building
- Do not talk
- Do not run
- Do not panic

Earthquake Drill Procedures

- Stop what you are doing
- Drop the floor
- Take cover (under a desk, table or other object)
- Hold onto the furniture legs
- Face away from windows or glass
- Remain under your cover until the shaking stops
- Listen for instructions from your teacher
- Do not use elevators to leave building

First Aid

- Nearest first aid kit location: _____

Report all injuries and accidents to the teacher immediately.

Emergency Response Plan

An emergency plan for your home should include the following:

- Written Emergency Response Plan (include the following):
 - procedures for fire, earthquake and other emergency situations
 - a list of emergency supplies that should be on hand (e.g. radio with extra batteries)
 - the location of where emergency supplies are stored
 - emergency contact phone numbers
- Emergency preparedness measures
 - list precautionary measures (e.g. check fire extinguisher yearly to ensure it is in working order)

Basic First Aid

Burns

- Put burned area under gently running cold water or immerse in sink full of cool water
- Place a bag of ice, frozen peas, corn, etc. against the burn
- Never put grease on a burn

Cuts

- Put cut under cold running water
- Elevate the cut area
- Report cut to teacher
- To control severe bleeding, apply direct pressure to wound over a pad of dressing

Choking

- If a choking person can speak, breathe or cough - STAND BY and encourage coughing.
- If a conscious person cannot speak, breathe or cough
 - stand behind person and find top of the hip bones with your hands
 - place a fist midline against the abdomen
 - grasp fist with other hand and press inward and upward forcefully
 - continue until object is expelled or person becomes unconscious

Chemicals or Foreign Matter in Eye

- Flush with running water for at least 15 minutes.

Spill of Chemicals on Skin

- Remove contaminated clothing.
- Flush skin area with running water for at least 15 minutes.

Fainting

- Keep the person lying down
- Loosen any tight clothing
- Keep others from crowding around.

Report all injuries and accidents to the teacher immediately.

Group Activity - Emergency Scenarios

Emergency Scenarios:

1. You are a student in a science classroom and are conducting an experiment using various chemicals. The teacher has just stepped out of the classroom. A student who is not wearing eye protection has a chemical splashed in her eye. What would you do?
2. You are helping to prepare dinner while you are trying to watch a program on TV. You are cutting up some vegetables for a stir fry. You cut your finger with the knife and your finger starts to bleed heavily. What would you do?
3. You are in shop class building a wood birdcage. The student next to you yells out that something has flown into his eye and immediately covers his eye with his hand. The student is not wearing eye protection.
4. You are at a mall and decide to get something to eat. You go to a hot dog stand and purchase your food. As you are walking towards a table, you see a person choking on his food. The person cannot speak and is waving his hands for help. What would you do?
5. You are skiing on the mountain and you see a child laying in the snow crying. The child is crying uncontrollably and holding their arm. There does not seem to be a parent around and no other person is tending to the child. What would you do?
6. You are babysitting a young child in their home. The child runs off to their room to go get a toy. You hear the child crying upstairs and run to the child. The child is in the bathroom and you spot an open bottle of liquid Tylenol on the counter. What would you do?
7. You are at a friend's house. Your friend is making some frozen pizza in the microwave. As your friend goes to take the pizza out of the microwave, the sizzling hot pizza on the plate slides onto your friend's hand. Your friend screams with pain and the pizza drops to the floor.
8. You are at home and in your room getting ready to go out. You go downstairs into the kitchen and see a fire starting in your oven. No one else is around. What would you do?

Emergency Scenarios - Group Activity

Emergency Scenario Description:

Actions Taken: What would you do in the scenario above? Use the See It, Think It, Do It strategy.

See It (what unsafe condition or behaviour has occurred?)_____

Think It (what has occurred or could occur as a result?)_____

Do It (what can I do to control the situation?)_____

First Aid:_____

Look-Alike Poisons

Safe	Unsafe
Lemon candies	<ul style="list-style-type: none">• Halls cough drops
Sweet Tarts	<ul style="list-style-type: none">• Tums (coloured)
Candies	<ul style="list-style-type: none">• Baby aspirin• Cherry Berry toilet bowl deodorant
Hershey Bar	<ul style="list-style-type: none">• Ex-Lax
Apple juice	<ul style="list-style-type: none">• Murphy's Oil Soap
Juice, drinks	<ul style="list-style-type: none">• Mouthwash (red)• Red Oil Furniture Polish• Prescription cough syrup• Anti-freeze• Liquid Tylenol
Kool-Aid	<ul style="list-style-type: none">• Mouthwash (blue)• Windshield washer fluid• Glass cleaner
Kool-Aid	<ul style="list-style-type: none">• Mouthwash (green)
Powdered milk	<ul style="list-style-type: none">• White laundry detergent
Oatmeal	<ul style="list-style-type: none">• Rat poison
Water	<ul style="list-style-type: none">• Ammonia