

## Hearing Protection Checklist

- Hearing protection use in required areas strictly and consistently enforced, including supervisors, management, visitors.
- Noise hazard areas identified with signs.
- Selection criteria for hearing protection include worker hearing ability, communication demands, comfort, physical constraints of the job, as well as individual daily noise exposure (Lex). Note: The CSA Standard on hearing protection rates comfort equally important as noise exposure level.
- Each employee individually fitted with hearing protectors and trained in use, care, and maintenance.
- A minimum of two earplugs (one with multiple sizes) and two earmuffs made available.
- Consider supplying canal caps and custom molded earplugs in addition to conventional earplugs and earmuffs.
- Consider need for specialty products.
- Hearing protection replaced on a regular basis.
- Each employee's hearing protection checked during the annual hearing test for condition, fit, and correct donning procedure.



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See also the WorkSafeBC *Occupational Health and Safety Regulation*, Part 7 “Noise and Hearing Conservation”, as well as the Canadian Standards Association Standard Z94.2-02 “Hearing Protection”. Visit the [WorkSafeBC.com](http://WorkSafeBC.com) website for the *Regulation* as well as more information about Hearing Protection (in the Health & Safety Centre).