

That's gotta hurt.



**Get help
and use
oven mitts.**



WORKERS'
COMPENSATION
BOARD
OF BRITISH
COLUMBIA

WorkSafe™

It's a smart thing to do.

For more information on preventing workplace injuries, visit www.worksafebc.com or call the Prevention Information Line at 604 276-3100 or toll-free at 1 888 621-SAFE (7233).